

# TVQG's Tilikum Lodge Quilt Retreat

"Quilting Is My Happy Place"

Thursday, April 18, 4:00 p.m. to Sunday, April 21, 11:00 a.m.



***This will be the fourteenth year of hosting a retreat at the Tilikum Lodge.***

This four-day retreat starts Thursday, April 18, 2024, and continues through Sunday, April 21, 2024, and will be held at the Tilikum Lodge in Newberg, OR.

The cost to attend this all-inclusive retreat is based on double occupancy and is \$325 per person for Thursday through Sunday. A limited number of single rooms are available for a one-time extra charge of \$60 for the duration of your stay.

The Tilikum retreat includes dinner on Thursday, breakfast, lunch, and dinner on both Friday and Saturday, and breakfast on Sunday. Special medical dietary restrictions are fully accommodated. Complimentary coffee, an assortment of teas, and hot cocoa are available 24 hours a day in the centrally located main dining room. Included for the duration of your stay are bed linen and towel service.

Sewing rooms are in the same building, just a few steps away from your room, and always remain open and available. So whether you are an early bird or a night owl, you'll have access to your sewing machine and projects whenever you want.

The Tilikum Lodge has walking trails by a beautiful secluded wooded lake, plenty of parking, and free Wi-Fi service. Activities include a game night, our always fun-filled Saturday evening gift exchange, our popular Swap and Adopt Table, never-ending snack tables, tips & demonstrations, and planned daily activities.

If interested in attending, please complete the attached registration form. Registration Forms are also available at TVQG General Meetings or on our website [tualatavalleyquiltguild.org](http://tualatavalleyquiltguild.org). This retreat is always a sellout. A \$100 non-refundable deposit is needed to hold your spot. For additional information, Email [carol.springer@gmail.com](mailto:carol.springer@gmail.com).



# “Quilting Is My Happy Place”- Retreat General Information

This is a TVQG-sponsored retreat. However, you do not have to be a guild member to attend. Quilters and their friends of all experience levels are invited to attend our retreat.

## Location:

**Tilikum Retreat Center**  
15321 NE North Valley Road  
Newberg, OR  
503.538.2763  
www.tilikum.georgefox.edu

## Directions:

From Sherwood – traveling south on 99W, in Newberg turn north at Hwy 240 (Chehalem Valley/Yamhill sign). Follow Hwy 240 for 5 miles. Turn right (north) onto Ribbon Ridge Road (a Tilikum Retreat Center sign is on your left). After 1 mile, bear left at the junction, onto North Valley Road. Approximately 1 mile, on your right – look for the Tilikum sign and driveway.

## Retreat Cost and Dates:

The cost of lodging and meals for Thursday through Sunday is \$325 per person. Price is based on double occupancy. A **very limited** number of single rooms are available on a first-reserved basis for an additional \$60 for the duration of your stay.

## Check-in:

Check-in will be on the top floor just inside the main entry. Room assignments will be given at the time of check-in. Check-in is anytime after **4:00 pm**.

## General Information:

- Check-in time is 4:00 pm. Please no early birds.
- Because we are a larger group, we'll be sewing both upstairs and downstairs. Let our retreat coordinator know if you can't maneuver stairs.
- Handicapped parking is available.
- Cell phone service is dependent on your service provider. But, for the most part, is available. If needed, Tilikum has a landline available on the 1st floor.
- Wi-Fi is available for your smartphones, tablets, laptops, or similar devices. Please check with any of the Tilikum office staff for the Wi-Fi access password.
- Ironing boards, irons, and a large-sized cutting table will be set up for everyone to use.

## What to Bring:

- Comfortable walking shoes, if you'd like to walk the trails around the lake.
- Your sewing machine, (don't forget your cords), personal quilting-related supplies such as scissors, cutting tools, extra lighting, and projects you would like to work on.
- An extension cord or a power strip with your name on it
- Personal toiletries
- Comfortable clothing and slippers
- A sweater or light jacket
- Swap & Adopt table contributions
- A wrapped gift for the gift exchange
- Snacks to share
- A few Fat Quarters for Game Night

## Food:

- The retreat center will provide dinner on Thursday, breakfast, lunch, and dinner on Friday and Saturday, and breakfast on Sunday. There is always coffee (regular & decaf), tea, hot cocoa, water, and ice available in the dining room.
- A small fridge located in the dining room is available.
- Tilikum welcomes bringing in your soda, bottled water, juice, yogurt, etc.
- We'll have community snack tables set up in the hallways both upstairs and downstairs. Attendees are encouraged to bring a snack item to share.
- The folks at Tilikum are very familiar with accommodating medical dietary needs or requests. If you have special dietary needs please complete the Medical Diet Request forms included in this reservation packet. An additional charge of \$8 covers the cost of special diet considerations for your entire stay.

## Gift Exchange:

On Saturday night we will be doing a Gift Exchange. If you would like to participate, please bring a wrapped gift, something that you would want to receive. Limit your gift to about a \$20 to \$25 value. We have a fun game planned for distributing the gifts that may involve swapping and trading gifts. We encourage everyone to participate in our gift exchange.

## Chair Yoga

All attendees are invited to attend our instructor-led morning Chair Yoga class. Check your agenda for time and location.

## Activities and Presenters:

- Each year one or more of our attendees will share a quilting-related demonstration or quilting tips. If you have a tip, technique, special pattern design, or something similar that you would like to present to the group, we would love to have you share it with us. Just contact any one of our retreat coordinators with a brief overview, and we'll schedule a time for the group to gather around for your demonstration or presentation.
- Should you choose to participate, we take time to create a coordinated block that becomes part of a charity quilt. Patterns will be supplied and you may use either your fabric or some of the fabrics we supply for this activity. This year's fabric focus is scrappy, fun prints.

*We look forward to seeing all of you! If you have any questions please let us know. This year's retreat coordinators are:*

Judi Derry, [jdderry63@gmail.com](mailto:jdderry63@gmail.com)  
Sue Capell, [capellsue@gmail.com](mailto:capellsue@gmail.com)  
Carol Springer, [carol.springer@gmail.com](mailto:carol.springer@gmail.com).



# Tualatin Valley Quilt Guild - 2024 Tilikum Retreat

## “Quilting Is My Happy Place”

Thursday, April 18, 4:00 p.m. to Sunday, April 21, 11:00 a.m.

### Registration Form

- \$325 for Thursday to Sunday** - 4-day/3 nights (with linen service), 8 meals (Thursday dinner thru breakfast on Sunday), a personal sewing workspace, walking trails around a scenic lake, and all activities.
- \$60 for Single Room** - There are no specifically designated single rooms, but a very limited number of rooms may be available depending on attendance. Single room requests are booked on a first-come basis.
- \$8 for Medically Requested Meals** - If applicable, please complete and return the attached Medical Diet Form no later than two weeks before the retreat date.

To reserve your spot a non-refundable deposit of **\$100.00** is required with registration.

To register, please complete this form and include your **check made payable to TVQG**.

Completed registration forms and payments may be mailed or given to

**Carol Springer, 15615 SW Queen Victoria Place, King City, OR 97224**

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

Emergency Contact Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Can you navigate stairs:     Yes     No

Requested Roommate(s): \_\_\_\_\_

What are your sleeping habits (up early or late, snore, prefer quiet)? This is to help match roommates:

\_\_\_\_\_  
\_\_\_\_\_

**\*\*Balance due by Monday, April 1, 2024\*\***



# Medical Diet Request Form

**To be completed by the Guest, not the group coordinator**

We are excited that you are coming! We are able to accommodate most medical dietary needs when given prior notification.

- Tilikum prepares family-style meals rather than individual plates.
- We will make you an individual meal with the specifications listed below to the best of our abilities. The menu is chef's choice based on seasonal availability.
- **Tilikum charges an additional \$1 per meal per person for medical diet requests due to higher costs.**
- We are not a dedicated facility and process all types of foods in the same kitchen, including scratch-made bread daily.
- If you bring food, you may keep these items in our guest mini-refrigerator or bring your own ice chest and we'll supply you with ice. There is a guest microwave and toaster oven in the diningroom.
- All guests assume personal responsibility for their dietary needs and communication of those needs. Please ask the Guest Host serving you if there are any ingredients unsafe for you before eating your meal.

**Please return this form to your Group Coordinator 2 weeks before arrival. Please pay your group coordinator.**

Guest Name: \_\_\_\_\_

Group Name: \_\_\_\_\_

Guest Phone: \_\_\_\_\_ Guest Email: \_\_\_\_\_

Arriving Date: \_\_\_\_\_  Breakfast  Lunch  Dinner

Departing Date: \_\_\_\_\_  Breakfast  Lunch  Dinner

**It is important for us to know what you are able to eat and enjoy eating with your restrictions.**

**Vegan, Vegetarian, or Pescatarian** (eat fish, no other meat), **but** I do eat Dairy, Eggs, or items that contain these:

cooked ingredients: \_\_\_\_\_

**Gluten-free, but** I do eat: \_\_\_\_\_

**Dairy Free, but** do eat: items cooked with butter milk \_\_\_\_\_

**Kosher, but** I do eat: \_\_\_\_\_

**No Sugar, but** I do eat: Honey Coconut Sugar Real Maple Syrup \_\_\_\_\_

Our kitchen also can accommodate the following:

No Peanuts  No Tree Nuts  No Pork  No Beef  No Eggs  No Soy  No Shellfish

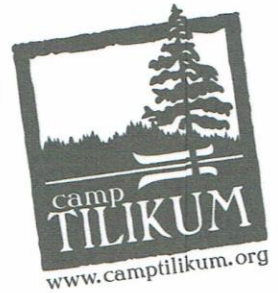
Other/Comments (please note if you may have a reaction from the dust of the allergen in the air): \_\_\_\_\_

## Camp Tilikum

15321 NE North Valley Road, Newberg, OR 97132 Phone: (503) 538-2763 ext. 101 Fax: (503) 538-7536

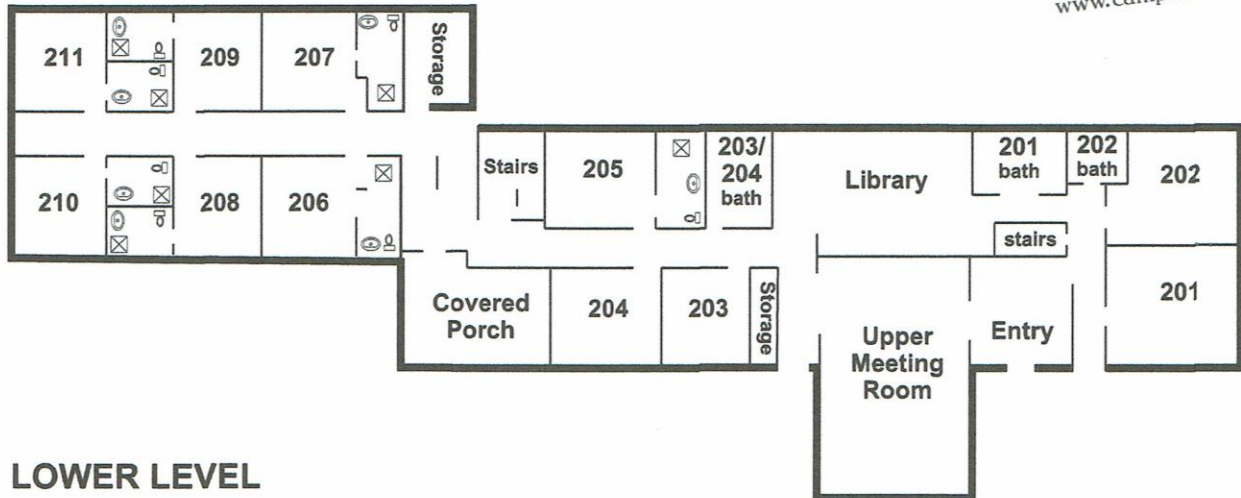
Email: [suzanne@camptilikum.org](mailto:suzanne@camptilikum.org) Web: [www.camptilikum.org](http://www.camptilikum.org)



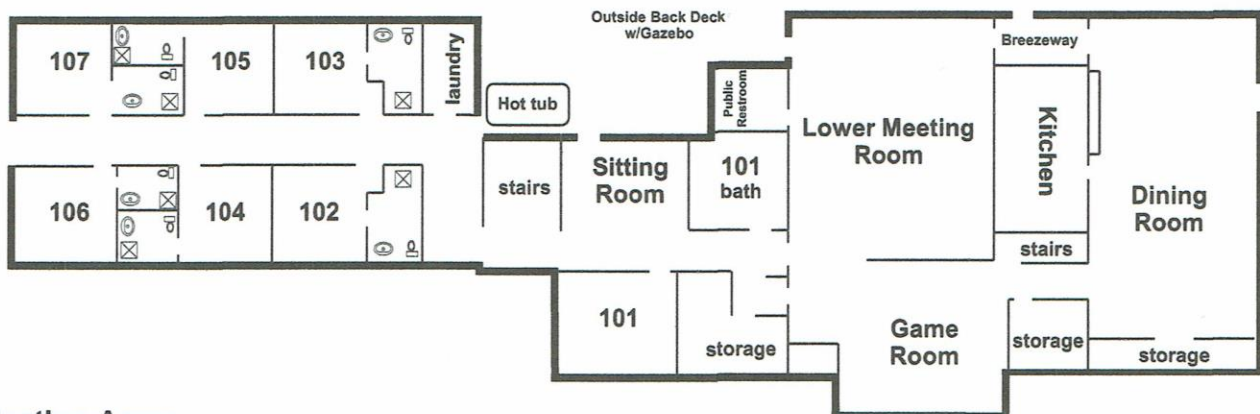


# The Lodge at Camp Tilikum Map

## UPPER LEVEL



## LOWER LEVEL



### Meeting Areas

**Upper Meeting Room** (20' x 30') - maximum capacity 40 people (theater-style seating)  
TV (32" Tube Television) with VCR/DVD player, fireplace, air-conditioning

**Lower Meeting Room** (28' x 32') - maximum capacity 60 people (theater-style seating)

Piano, TV (42" flat screen) w/DVD player and connection for presentations w/PC or MAC, hand-held microphone w/stand, mini sound system, fireplace, air-conditioning

**Additional Small Group areas** - Library, sitting room, covered porch

**Additional AV equipment available upon request** - LCD projector, flip chart, whiteboard, podium, music stand

**Game Room includes:** Pool table (can be covered with a ping-pong table), foosball table

### Sleeping Rooms

**Rooms 102\*-107, 208-211** sleep up to three in single beds (1 wall bed) and include private baths in-room.

**Rooms 205** sleep up to 4 guests (1 twin-size bunk bed, 1 full-size bed) and includes a private bath in-room.

**Rooms 206\*-207** sleep up to 4 guests (1 twin bed, 1 twin wall bed, 1 full-size bed) and include private baths in-room.

**Room 101** sleeps up to three in single beds (1 twin, 1 twin bunk bed) with private bath across the hallway.

**Room 201** sleep up to 5 guests in single beds (2 twin upper bunks & 1 twin bed), private bath across hallway.

**Room 202\*** sleep up to 5 guests in 3 single beds and one double (2 upper twin bunks, 1 lower twin bunk, 1 twin bed, 1 full-size Futon), private bath is next to the room.

**Rooms 203 and 204** each sleep up to three in single beds (1 XL twin, 1 twin bunk bed) and share a common bath across the hallway.

**Extra long twin-size beds** are found in rooms 102 (2 beds in this room); 203 and 204.

\*Rooms 102 and 206 are ADA accessible

Camp Tilikum

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Phone: (503) 538-2763 • Fax: (503) 538-7536 • Email: [office@camptilikum.org](mailto:office@camptilikum.org) • Web: [www.camptilikum.org](http://www.camptilikum.org)