



# Tualatin Valley Quilt Guild

## Inside this Issue:

*Reminder* ..... 1  
 No December Meeting! ..... 1  
 Wishing everyone ..... 1  
 Happy Holidays and a Happy New Year!  
 ..... 1  
 From the Charity Quilters ..... 1  
 TVQG Business Cards ..... 2  
 Quilting Challenges ..... 2  
 2022 Retreat ..... 2  
 Membership..... 2  
 TVQG Website..... 2  
 Instructional and Sewing Events ..... 3  
 TVQG Charity Efforts ..... 3  
 Door Prizes ..... 3  
 Quilts of Valor ..... 4  
 Fat Quarter of the Month ..... 4  
 Of Interest to Quilters ..... 4  
 Local Quilt Shops..... 5  
 Quilting-Related Services ..... 6  
 BOM Instructions. .... 7  
 TVQG 2021-2022 Registration Form ..... 8

**Reminder**  
**No December Meeting!**  
**Wishing everyone**  
**Happy Holidays and a**  
**Happy New Year!**

### From the Charity Quilters

Tricia Anne Meyer is a friend of Carol’s, and Charity Quilters want to share the information about Tricia’s experience at a Food Bank.

“So, I spoke to people getting food at a food bank and here are some things I learned from those in need:”

1. Everyone donates Kraft Mac and Cheese in the box. They can rarely use it because it needs milk and butter which is hard to get from regular food banks.
2. Boxed milk is a treasure, as kids need it for cereal which they also get a lot of.
3. Everyone donates pasta sauce and spaghetti noodles.
4. They cannot eat all the awesome canned veggies and soup unless you put a can opener in too or buy pop tops.
5. Oil is a luxury but needed for Rice a-Roni which they also get a lot of.
6. Spices or salt and pepper would be a real Christmas gift.
7. Tea bags and coffee make them feel like you care.

8. Sugar and flour are treats.
  9. They fawn over fresh produce donated by farmers and grocery stores.
  10. Seeds are cool in Spring and Summer because growing can be easy for some.
  11. They rarely get fresh meat.
  12. Tuna and crackers make a good lunch.
  13. Hamburger Helper goes nowhere without ground beef.
  14. They get lots of peanut butter and jelly but usually not sandwich bread.
  15. Butter or margarine is nice too.
  16. Eggs are a real commodity.
  17. Cake mix, and frosting makes it possible to make a child’s birthday cake.
  18. Dishwashing detergent is very expensive and is always appreciated.
  19. Feminine hygiene products are a luxury and women will cry over that.
  20. Everyone loves Stove Top Stuffing.
- In all the years I have donated food at the Holidays, I bought what I thought they wanted, but have never asked. I am glad I did. If you are helping a Family this Christmas, maybe this can help you tailor it more. It does for me! --Author credit: Tricia Anne Meyer

**The Tualatin Valley Quilt Guild (TVQG) meets at 7:00pm the third Tuesday of the month January thru November at the King City Clubhouse located at 15245 SW 116th Avenue, King City, OR 97224. Guests are welcome and are asked to pay \$5 at the door.**

Reminder: Please bring the following to our next meeting.

- \* BOM and FQ’s
- \* Name Tag
- \* Show and Tell Quilts
- \* Charity Donation items



[Visit Us on Facebook](#)



[TVQG website - https://tvqg.wordpress.com/](https://tvqg.wordpress.com/)

## TVQG Business Cards

Because you are a wonderful resource in promoting our guild, a supply of TVQG business cards have been printed and are available at the Sign-In Desk during our General Meetings. Please pick up a few to pass around.

## Quilting Challenges

Throughout the year TVQG offers several quilting challenges. These challenges are intended to help increase member's quilting skills and may include making quilts to benefit local charities.

### *Sampler Quilt Block Exchange – Pizza Box series*

This challenge started in October 2021 and concludes at the April 19, 2022, meeting. They will be shown at the June 21, 2022, meeting.

### *UFO Challenge*



We will continue the UFO challenge from last year. Because of the disruption from COVID we will not be charging the usual \$5 to participate. For every finished UFO

(or picture) that they share during the Show and Tell segment at any General Meeting between now and October 2019, they'll earn a drawing ticket. Date for next year TBD for the drawing.

### *Fabric Challenge*

This started in October and will conclude in March 2022. If you haven't picked up your ½ yard you can get it from Cindy at the November meeting.



The quilt sizes for the blankets are Baby 36" x 40"; Child 40" x 55" (or 60"); and Teen 45" x 65" (or 72").

Project Linus is a non-profit organization that provides handmade blankets to children in need. Over 8,560,099 blankets delivered since 1995!

[www.projectlinus.org](http://www.projectlinus.org)

## 2022 Retreat

Tualatin Valley Quilt Guild is delighted to announce our annual retreat at **Tilikum Lodge and Retreat Center** in Newberg, Oregon has been scheduled. The dates of this retreat are April 21- 24, 2022.

If you haven't previously attended this retreat, the Tilikum Lodge and Retreat Center is set beside a scenic lake surrounded by walking trails. The view from the large picture windows in the sewing rooms overlook trees and the valley below. Their food and baked items are prepared on-site, and it's fantastic. Newly added to this year's retreat is the addition of full linen services. No more having to bring sheets and towels with you - they are now all part of the package.

For many quilters attending this retreat is an anxiously awaited annual event. Reservations fill up very quickly. But a \$50 deposit is all you need to secure your spot.

For more information check out the retreat packet on our website or contact Retreat Coordinator Sue Capell - [capellsue@gmail.com](mailto:capellsue@gmail.com).

## Membership

### *2021-2022 Membership Year*

Membership forms are available at of the November 2021 General Meeting. Yearly dues will remain at \$35. Members may renew their dues starting immediately and should be paid as soon as possible. Membership forms are available at the Meeting Check-In desk, at the end of this newsletter or on our website <https://tvqg.wordpress.com/>. We're looking forward to having you renew or join TVQG and are excited to see our membership grow as quilters from our local community join our guild.

## TVQG Website

TVQG maintains an active web presence, <https://tvqg.wordpress.com/> contains information for prospective and active members and includes General Meeting minutes, the membership roster, current and past Block-of-the-Month patterns, and a newsletter archive.



## Instructional and Sewing Events

Our next Sit & Sew day is Saturday, February 12, 2022.

TVQG events are always open for everyone in the community to attend.

## TVQG Charity Efforts

### *Charity Quilters Sew Days*

Thank you to Melanie Sagebear, Michelle Faber and Carol Springer for being the new chairpersons!

We want to thank Betty and Vergie who have chaired the Charity Quilters days for so long!!!

TVQG Charity Sew Days are open to everyone with no fee to participate. Charity Sew Days take place on the second Tuesday of every month at the Sherwood Senior Center. Just bring your own sewing machine and project to work on or select a project from their well-stocked Charity Quilting Closet.

### *Good Neighbor Center*

What is the Good Neighbor Center (GNC)? “Where will my children sleep?” “How will I feed my family?” We hope you’ve never had to ask yourself these questions. But there are many families in the Portland area who do ask them every night. And the feelings that come with this unfortunate situation can result in a self-fulfilling cycle that is difficult to break.

Thankfully, there are places like Good Neighbor Center. Located in Tigard, on SW Greenburg Road, GNC is a 36-bed facility serving up to 9 families at a time. There is space so that each family has a private room where they can live for up to six weeks. Families are provided three meals a day.

Here is a list of the current needs:

#### Miscellaneous

- 13 gallons & 60-gallon trash bags
- Heavy duty storage totes 27 Gallon (yellow lid, black tote)
- “Diaper Genie” refill bags
- Napkins & paper plates
- Umbrellas
- Duct tape and masking tape
- Bus tickets (all zones)
- Cash donations are always needed and appreciated

#### Bedding & Hygiene

- (New) Plastic mattress covers (AKA: Bed Bug Cover; Twin & Full)
- Shower loofahs
- Baby Oil
- Nail clippers/Nail Care Kits
- Q tips

#### Cleaning Supplies

- Windex
- Bleach

#### Medicine

- Neosporin

#### Food

- Fresh produce
- Granola bars
- Coffee Creamer & sugar
- Ranch dressing

For more information visit their website - <https://goodneighborcenter.org/>

### *Navajo Quilt Project*

This group aims to gather fabric and quilting supplies to donate to the quilters that live on the Navajo Nation. We also collect monetary donations and use it to purchase scissors, thread and batting so that the grandmas can quilt in the winter and make beautiful, warm blankets for their families. For more information visit their website - [www.frenchgeneral.com/products/Navajoquiltproject](http://www.frenchgeneral.com/products/Navajoquiltproject)

## Door Prizes

Each month two \$20 gift certificates are awarded to quilters attending the General Meeting. Everyone attending the meeting, guests included, will receive a ticket for the drawing.

Members may earn a second ticket for the drawing, just by wearing their nametag.

If you bring a donated item for Good Neighbor Center, you will also get a ticket.

## Quilts of Valor

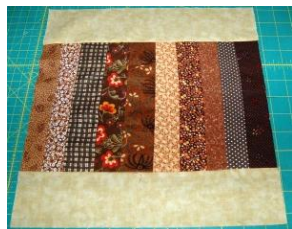


TVQG maintains an active Quilts of Valor sewing group. Our group strives to complete two quilts a year. When announced, QOV Sew Days take place on a Saturday, starting at 10:30 am, and are usually held at Ace Sew and

Vacuum in Newberg.

If you are interested in joining, please let LoisMarie Mayer know, her email is lov2kwilt@aol.com. She needs the head count so that space will be available for everyone.

### January Block of the Month



The January 2022 Block of the Month is Scrap Works Quilt.

The color profile for this block is quilter's choice of any scrappy prints with a coordinated or complimentary solid or mottled accent fabric. Finished block size is 12" square. Block Instructions are at the end of this newsletter or on our website.

A drawing for the completed blocks will take place at the January 18, 2022, TVQG General Meeting.

## Birthday's

TVQG would like to extend Happy Birthday wishes to the following quilters:

Nancy Speth .....January 2<sup>nd</sup>  
 Eleanor Heikknen .....January 6<sup>th</sup>  
 Marita Trunk .....January 14<sup>th</sup>  
 Carolyn Penner.....January 22<sup>nd</sup>  
 Gea Clausier.....January 31<sup>st</sup>  
 Sue Brim.....January 31<sup>st</sup>

## Fat Quarter of the Month

### January 2022 Fat Quarter Theme

At each general meeting, our quilters bring in various themed fat quarters. For each Fat Quarter brought in the quilter receives a raffle ticket. For January 2022 the theme is **Snow, Blizzard or Winter.**



### Here's a list of the Fat Quart themes for the upcoming year:

January 2022: Snow, blizzard or winter

February 2022: Hearts galore

March 2022: Garden delights - vegetables

April 2022: Mother Goose

May 2022: Spring flowers

June 2022: Barnyard critters

### Of Interest to Quilters

Have scraps of fabric you want to get rid of? Scraps, PDX accepts fabric donations. However, currently due to Covid they are on an appointment only. Here is a link to their donation

website: <https://scrappdx.square.site/donation-appointment>.



Local Quilt Shops

The Cotton Cure  
 133 SE 3rd Avenue  
 Hillsboro, OR 97123



**Debs Quilting**

Located at  
 1214 3rd St  
 Lafayette, OR  
 (971) 267-6096

[Deb's Quilting Facebook Link](#)



*Cedar Ridge Quilts*

19045 S Beaver Creek Rd.  
 Oregon City, OR 97045  
 503-908-1398

**Hours:** 10 to 5 Tuesday - Saturday.  
 Closed Sunday & Monday

[Cedar Ridge Quilts Website](#)



**503-598-0122**  
 12185 SW Main St  
 Tigard, OR 97223  
[sewingandvacuum@aol.com](mailto:sewingandvacuum@aol.com)

**503-538-1122**  
 2414 Portland Rd  
 Newberg, OR 97132  
[acesewingandvacuum.com](http://acesewingandvacuum.com)

Bernina, Elna, Juki Machines ♦ Riccar, Miele, Sebo, Oreck Vacuums ♦ Handi Quilter



"It could be worse...at least you're not married to a scrapbooker."

Quilting-Related Services



**In Stitches Quilting, LLC**  
 Erin Davis  
 Quilting Services  
 quilteererin06@gmail.com 860 SE 59th Ave.  
 503 351-0981 Hillsboro, OR 97123

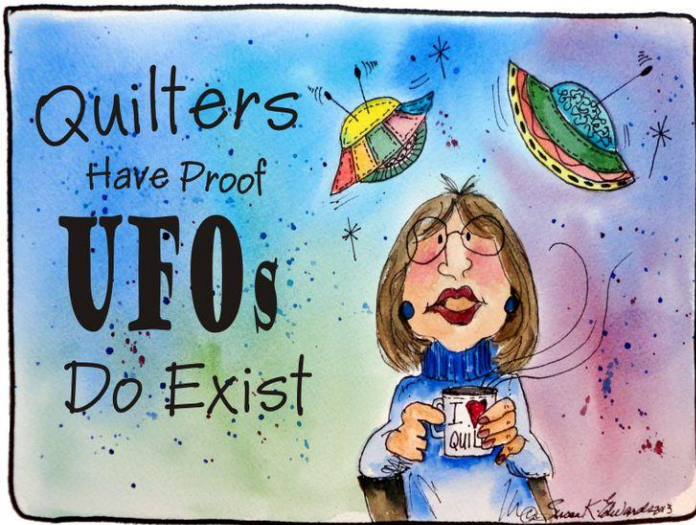
Sue Capell  
 503-538-3600  
 Capellsue@gmail.com  
 Hand guided overall and  
 custom quilting since 2004



Coline's Quilting Service  
 916-719-4923 or 503-902-0116  
 Coline Simmons  
 Handguided Longarm Quilter for 18 years  
 1160 Orchard Lane, Woodburn, Oregon  
 97071  
 user569278@aol.co



**Victoria Jones**  
 Quilting & Sewing Instructor  
 503-989-3330  
 vdjsews@comcast.net



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## BOM Instructions.

Scraps Work Quilt ---- Averill Abbott [averillpdx@yahoo.com](mailto:averillpdx@yahoo.com)

To finish one  $12\frac{1}{2}$ " square -

Cut 2 strips of a solid or mottled or mainly one color accent strip -

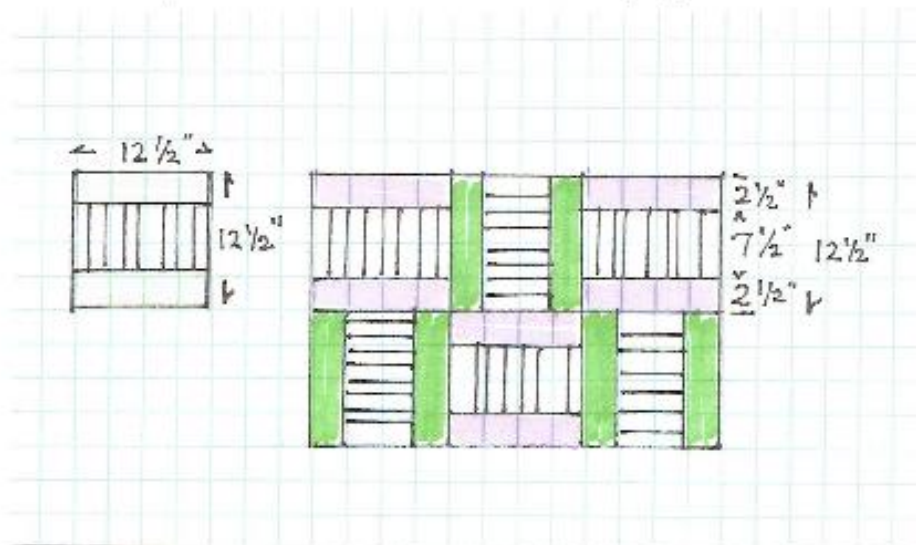
$3" \times 12\frac{1}{2}"$

Cut random width fabrics (scraps?) into 8" strips - sew strips together and cut into lengths of  $12\frac{1}{2}"$ ,  $\frac{3}{4}"$  seams. You should have one finished strip measuring  $8" \times 12\frac{1}{2}"$ .

Sew each  $3" \times 12\frac{1}{2}"$  to the top and bottom of your multi color fabric strips. You will now have your  $12\frac{1}{2}" \times 12\frac{1}{2}"$  square. See examples below:

One finished square

Assembly layout



Quilt Guild block for January 2022

# TVQG 2021-2022 Registration Form

## TUALATIN VALLEY QUILT GUILD 2021-2022 Membership Registration Form



New Member     Current Member     Former Member

Name: \_\_\_\_\_ Birthday (Day/Month) \_\_\_\_\_

Email address (Necessary to receive newsletter, information, announcements and current happenings)

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone(s) Home: \_\_\_\_\_ Mobile: \_\_\_\_\_

Emergency Contact Name: \_\_\_\_\_ Phone: \_\_\_\_\_

*All personal information is kept confidential.*

**Please indicate your areas of interest**

- |   |  |  |
|---|--|--|
| <input type="checkbox"/> Attend Sit and Sew Days        | <input type="checkbox"/> Greeter                       | <input type="checkbox"/> Newsletter Editor             |
| <input type="checkbox"/> Block of the Month Coordinator | <input type="checkbox"/> Historian                     | <input type="checkbox"/> Program Coordinator           |
| <input type="checkbox"/> Board/Officer Position         | <input type="checkbox"/> Internet Research             | <input type="checkbox"/> Retreat Committee             |
| <input type="checkbox"/> Charity Quilting Sew Days      | <input type="checkbox"/> Long Arm Quilter              | <input type="checkbox"/> Sit and Sew Coordinator       |
| <input type="checkbox"/> Committee Position (as Needed) | <input type="checkbox"/> Make Bazaar or Sale Items     | <input type="checkbox"/> Small Group Event Coordinator |
| <input type="checkbox"/> Correspondence Secretary       | <input type="checkbox"/> Marketing/Publicity Committee | <input type="checkbox"/> Teacher/Instructor            |
| <input type="checkbox"/> Fundraising Committee          | <input type="checkbox"/> Membership Committee          | <input type="checkbox"/> Website Coordinator           |
| <input type="checkbox"/> Facility Liaison               | <input type="checkbox"/> Quilts of Valor Sew Days      | <input type="checkbox"/> Other _____                   |

List any special interests, talents or skills that you have: \_\_\_\_\_

List any suggestions you have for making the Guild what you would like it to be: \_\_\_\_\_

Dues are \$35 annually. Membership year runs July 1<sup>st</sup> through June 30<sup>th</sup>.

If joining or renewing membership mid-year, dues are pro-rated as follows:

- \$35.00 membership fee if joining or renewing July 1<sup>st</sup> through December 31<sup>st</sup>
- \$17.50 membership fee if joining or renewing after January 1<sup>st</sup>

Checks should be made out to: Tualatin Valley Quilt Guild (TVQG)

Completed forms and payment may be presented at any General Meetings or mailed to P.O. Box 154, Sherwood, OR 97140

**This box is for TVQG Membership use**

Date Paid: \_\_\_\_\_

Paid by:  Check No. \_\_\_\_\_

Cash     Other \_\_\_\_\_

Date Funds to Treasurer \_\_\_\_\_

Roster Updated \_\_\_\_\_

Distribution List Updated \_\_\_\_\_

Other/Notes \_\_\_\_\_

Form current as of 07/19/2021